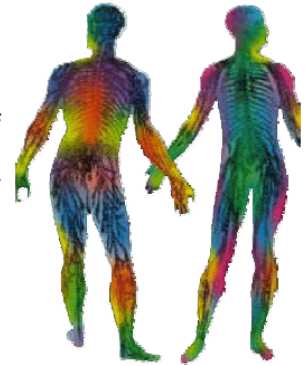


# What Are The Global Effects of a Subluxation?

Basic Concepts

This is not a question about how subluxation affects our planet or even how subluxation can affect an individual spinal nerve (**a local effect**). It is a question of how subluxation can affect the entire nervous system (**the global effect**). There are two types of subluxations. The first type is caused primarily by physical stresses that produce “a misalignment of a spinal bone that irritates a spinal nerve”. These are known as **structural** subluxations. The second type, known as **neurological** subluxations, are much more complex. These subluxations cause the thousands of muscle fibers attached to your spine to contract and shorten creating a spasm. This produces misaligned spinal bones, however, when the stresses are prolonged, such as emotional or chemical stresses, the persistent muscle spasms can stretch and twist the spinal cord and its delicate coverings abnormally. This creates a condition similar to a short circuit in your house caused by overwhelming the electrical system. The power is shut off and it leaves you in the dark, literally! The end result is abnormal brain and body chemistry, altered function, and a nervous system locked in a pattern of stress and defense.



## What are some recognized and researched global effects of subluxation?



**Impaired Immune Function:** Arguably one of the most important keys to a long healthy life is a healthy immune system. Research now reveals that your subluxations may seriously impair the function of your immune system. Dr. Ronald Pero’s research indicates that one’s immune response and susceptibility to serious disease is negatively affected by subluxations. Another study reveals that the quantity and quality of your white blood cells (the workers of the immune system) are negatively affected by subluxations.

**Decreased Mental Function:** Nobody would want their mind to be clouded and not be able to process information and think clearly. A chiropractic study demonstrated that an individual’s mental efficiency may improve 1500%-3000% after a chiropractic adjustment. In another study, researchers discovered that brain stem function improved following a chiropractic adjustment. And what do we call someone whose brain works more efficiently? Smarter!



**Loss of Energy and Stamina:** The brain houses all the control centers for every part of the body. The brain sends and receives communication from the body by way of the spinal cord and spinal nerves. Interference to the communication system causes the body to function less efficiently resulting in less energy and stamina. That is why new practice members most often report increased energy, greater stamina, and better sleep when the interference is removed and the body begins to function more efficiently.

**Altered Emotional Stability:** We usually don’t relate our emotional states to whether we need an adjustment or not, however, our emotions are intimately related to our nervous system function. Studies reveal an amazing connection between altered neurochemistry and emotional states to the subluxation. Many studies reveal that chiropractic care can offer fascinating results for patients with ADD/ADHD, panic attacks, nightmares, anxiety attacks, irritability, and states of loss of well-being.



**An Early Unnecessary Demise:** In 1994 Dr. Lee, a medical researcher, authored an article that postulates that the central nervous system (brain and spinal cord) is involved in all disease processes and explains that the causes and cures of all diseases are mediated by our central nervous system.

Everyone should be checked by their Chiropractor on a regular basis for nerve interference caused by subluxations if they desire to stay healthy. It is impossible to live a quality optimal life through an impaired nervous system.

Who do you know that would benefit from a better functioning nervous system?

Edison Chiropractic  
Wellness Center  
Dr. Sean T. Edison  
105 S. Pearl Street  
Tecumseh, MI 49286  
423-WELL

**Subluxations have devastating effects on your entire nervous system affecting every aspect of your health and your life.**